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contents

- Editorial.....01
- Penticost.....02
- Mission Column 4
- Pa pawimawhna06
- Zion tang leh Israel chate.....08
- Na lenggam a bit nam? 11
- Bang dinga lockdown ziek a 15
- "... Nasep ding tamtak lak ah.."22
- Kipathu genna25
- Lungthim hisel.....26
- Pathien Belamno31

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KUO MELHET NA HI?



Melhet kiti hin bang tawbang umzie anei die aw... Melhet ziek in nasep ding tampi thulh ahi thei a, melhet ziek mah in na tampi sep ding aum lawh thei kit hi. Chun, melhet ziek in mavanna nasatak aum thei a, melhet ziek mah in ma abing thei zel hi. Melhet kiti hi chithum a khen theih in a um hi. 1) En i het ama'n ei he lo, 2) Ama'n ei het, en i hetloh 3) Ama'n le ei he, en le i het. Melhet chi thum i vak gen u a, a khawipen hi apha pen dem le... Aleh nang kuo melhet na hi? I Bible in, "Tu a Pathien na hun het nung uhi hilo, Pathien mi het na hung hih nung uhin," (Galati 4:8) t'n Sawlchak Paul in Galati mite a vei mah mah ziek in ngaikhawk tak mai in ana gen khum tai. Ngaihtuoh ding leh hetchien mah mah ding chuh, "Pathien mi het," hih hi ahi.

Kuo ahim khat tawh i kihetna ding chun amah kha tawh bangti tienga I kalthu kha siem ngai ahim, tih chu gentam ngailo a i het theih zieng uh ginchak aum hi. Chuleh amah het nawp ding leh amah het theih dinga chu hinkhuo/nungchang bang tawbang ngai ahim tih haw le ngaihtuoh leh gel ten ngai ding ahi. Narendra Modi, India te Prime Minister ahieh chu amilip in het ahi tamai a, amah hin chuh nang leh kei hi ei he lo hiel ding ahi. Ngaih le ei ngaina hiel puona kitileh kigen khiel beksek pu'on a. Aziekchuh i muhkhak leh i muhkhakloh ngaihntat dan kibang thei chetlo ahi.

Awle, melhet neih aphatchuom dan hun tieng i vak gen u a, tuni hin kuo melhet i hi ding u aw! Vak kingaihtuoh hitiu. Paul in Galati Sapchuomte kawm ah, Pathien melhet na hung hih nung uhin, t'n a gen a, zie a kigen hi, Pathien a na um tâk nung uhin, ti chu hi ngei in tin. Tuni hin ei haw le Pathien a um ta ngâl amah het theihloh a um zing hoh i hi kha ding um, tih i kikhuol chien uh deih aum mah mah hi. Pathien ka he namah ie, ti ti ngâl in amah hetloh a umzing theih ahi.

PENTECOST

By: Rev. Khaitinthang

Bible changtel: Thiempudante 23:1 fff; Nasepte 2:1 f

Chun, Penticost ni ahungtnun chun gingtute cheng chuh mun khat ah abawn un a umkhawm vek u a. Penticost I tih phat leh abik tak in ei gingtute leh Pathien sapchuohte ding hin, hetngilh guol loh leh ni pawimawh tak mai khat leh I hamphatnau khat ahi. Aziiekchuh zie Penticost hi ana umlo hitaleh tuni hin bang tiengin thagau lam ahin I liengvai ta ding um? Zieziekchun Penticost apawimawhna leh a lulna chanchin hih neukhat ana sutkhawm hitiu.

Penticost Kut hi Sapchuom din dinga Thagau Thiengtho hngtunna ding etsakna ahi (Thiempudante 23:15-22). Chuleh Penticost tih umzie chuh ni sawmnga na, sawmnga tihna ahi (Nasepte 2:1-4). Chiehkhan Kut kha Nisan, April ni 24 apat ahi a, changthak chawl sawhloh kut chuh Nisan ni 15 a mat ahi. Gah masa Kut chuh Nisan (April) ni 16 a mat ahi kit a, chawlhi sabbath zawh a ni masapen, chun Thiempu'n Buhphal Ho-In a ahun lhat ni apat chuh sim a, chawlhi (7x7) a tinni chuh ni sawmnga (50) ahih ding ahi.

hi ahi. Tu a en Kiginni I tih uhi, Judate Sabbath ahi. Hapta sagihna chieh chuh ni 49 chuh Juda te sabbath ni ahi a, a ni sawmnga (5) na chuh Judate ni simdana hapta khat a dinga ni masapen hapta kipatna, tu a Pathienni I tih uhi ahi a, I Lalpau Isu Krista thihna apat a guolzo a a thawhkitna ni chet hi ahi kit hi. Judate'n zie ni 50 na chuh Kut in ana mang sek ui. Zie chuh Thagau Thiengtho hungtunna ding etsakna chuh ahi. Penticost Kut in a etsak bang tak in zie ni 50 ni chun atak tak in Thagau Thiengtho chuh ahungtung tai (Nasepte 2:1-4).

Chawlhi, Sabbath zawh a ni masapen chuh tu a Pathienni, Isu Krista thawhkitna ni chet

Zie a Penticost Kut manga hungkhawmte haw hi, khawvel mun tin a Juda Pathien

ngaihsakte haw ahiu ui. Zie Penticost Kut mang hin Jentel te panglo ahiu ui. Bang ahim tia ana tel aum tak unle, sakhuo dana ana umte, Juda sakhuo a ana umte hiding ahiu. Judate Kut ahin, Jentel te a tel ding uhih sakhuo dana, thienglo ahi. Pau lam zieng achun chuh, kum zabi tamtak ana chengkhawm leh ana khuosa khawm ahih tak ziek un, pau zieng chuh kihetuoh un au. Zie Penticost Kut matna ahin, atawmpen inle, Gam 50 sanga tamzaw apat in Juda, Pathien ngaihsakte hung kikhawm khawm ding u a, ginchak ahi.

Chunglamapata thilhihtheihnaa thuom a um gingu mi 120 te chun Jerusalem achun Chanchinpha chuh a gen tau a, a thawm u chuh nasatak ahi. Isu Krista thawhkitna thu chuh nasatak in a gen tau a, a kamsuok uleh a aw-phawi ua pan chun ahung kipatnau hettheih in aum hi. A lak ua thugen pi pen chuh, Peter ahi a, a aw-phawi zieng inle Galili gama hung kipan ahi tih a hettheih hi (Luke 22:59)

Sawlchakte thugen chuh, mipi hungkhawmte chun, amau pau chieta hettheih ziekun mipite chuh abuo tau a, zie hi mihiem theihna khel lama, Pathien Thagau Thiengtho nasep chuh ahi.

Johan 14:16 na I sim leh Lalpa Isu'n, a sinsakte kawm ah, zie Penticost ding thu hi ana gen a. Ka chieh hih, nang u dingin apha, thamuontu ding pa'n hun salw ding ahi ti'n ana gen hi. Tuni hin gingu I vangphatnau chuh Krista a hinna I neih chauh ule hilo in, liengvai, lungkham a I umlai ua le, thamuontu ding I neih uh, Penticost ni ahungtung hi ahi. Zieziekchun, suohpihte haw, lungkham puoi tiu, bangtik huna le, thamuontu ding Thagau Thiengtho, Penticost ni a gingu mi 120 te kawma hungtung kha, ei haw kawma le a umzing ahi. Lalpa'n thamuonga a thagau thiengtho nasep ngaka atung bang zel pawm thiem thei dingin ei vangsak chiet ta hen.

MISSION COLUMN

Simtute cheng cheng Lalpa Isu min in chibai.

I lenna gam uh khawvel Hipi'n abawm ziek in, hindan pangai lo tak in, mi cheng ikhawsa tau a, mitin lungthim linglau leh lauhthawn na'n I dim tau hi. Bang chan hinalai ding ahim tih he le ki um talo ahi. A bang chuh hileh, khawvel hih buoina'n nusieh lo ding ahih chuh, a kuo-kuonle ihet sau chuh ahi. Sapsietsa leisiet hih a siet lam manawh chuh ahi zing mai hi. Sietlam manawh zing maleh, nang leh kei mi vangpha ihih na chuh, Lalpa Pathien hing zing, lei leh van siemtu nei ihih hi ahi. Zie thu hih hezing kawm in, khawvel bangtin buoi henla hilele, Lalpa'n sep ding ei piek hih, semlo a khawvel buoi ngawh a haihsan zieng thei hilo ihui hi. Lalpa'n ei thu vaithak akhan, khawvel thulehla phat lai hun chauh a sem ding ei tilo ahi. Hun haksa tak kal ah khawsa hizieng leu hin le chanchinpha nasepna lama I pankhawm dan teu tamlo hun sulang

thei kit dinga ka um ziek in kipak um ka sa takzet a, Lalpa pahchak in um hen. A nuoi ahin kipak thu genna ding leh paucham pih ding huntieng ka hun sulang hi.

1. Missionary Chawmtu (Supporter): Missionary Supporter hun chawmkhat update hun kibawl thei talo in aki um a, ahinlah Pathien zal in, tuhin update ding mi hun tieng a hung um a, kipak a um tak zet hi. Missionary Supporter Kum khat a dinga ana pang mi tamlo, in ei chawlhisan tau a, a chung ua kipak thu a vel vel in I gen ui. Lalpa'n a mau puizel hen. Mi a tamzaw 'Missionary Chawmtu' I pan zawm zel theih uhuh alopi tak zet hi. Mi khenkhat vang in chawmna a hun supung thei ua, kipak a um mah mah zieng hi. Lalpa'n sem zawm zel thei ding in vangsak zel uhen.

Ningikum December apat update ana kibawl talo ahia,

zie a nuoi a haw hih a hung pangthak te ahiu hi. Khenkhat hih khatvei pieka pie le aum ui. A chung uh a Lalpa min in kipak thu igen ui. 'Lalpa'n vangsakna chang zawm zel uhen' tih hih I pauchamn nau ahi.

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16. Mrs Neinu & Mr Thangboi - Gangte Veng
17. Mrs Lunkhokim - New Delhi
18. Mr Ngulkham - Lusaka, Zambia

2. COVID -19 zieka Missionaryte apat thu leh la phalo het a um puo a, a umna mun chiet uh a, Pathien zal in apha vek ui tih het ahia, kipak aum mah mah mai hi. Pathien kawm ah kipak thu gen kawm in paucham na'n delhzui zel hitiu.

3. Missionary te support na dinga Gan vak ding Department in genkhawm leh phatsak ahia, thulela a hung phat phat leh bawhzui dinga kawih ahi a, Lalpa lemsak pih bang a hung chieh thak theihna ding in paucham na'n delhzui hitiu.

4. Lockdown zieka Ithing mun ah Ho In sak ding leh Balaramkhul a Evangelist Quarter sak ding sak zawm theih lo a um hih phatak a sak zawh ahih theihna ding in Lalpa kawm ah ngen hi tiu.

5. COVID – 19 zieka Lockdown leh Curfew haw zieka Lalgam nasep na haw a buoilo na ding in paucham to zel hitiu, hun buoi um kala Lalpa a dinga nasep theihna dinga lem hetna leh pilna ei thuom thakna ding in Lalpa kawma ngen hitiu.

PA PAWIMAWHNA

-Rev. Khaitinthang

Pathien in hun nuom leh hun haksa a ei pui in, tukum 2020 Father's Day ei puihtung kit tak ziek in, zie tawbang a hunpha ei pietu Pa Pathien chuh lopina chang ta hen.

Pa Ni I tih phat leh ngaihdan chuom chuom aum thei sek a, Pulpit sermon na zieng ahinle, mi tamtakte'n Pate dinmun leh a mawhpuknau I hah gen sek ua, ahi adik puoi ka ti puoi, mahleh a pawimawhna leh a lulna hi I hah gen bek un ka he puo'n, zieziekchun tuni hin Pate dinmun leh a lulnau hi tamlo cha ana sutkhawm leuhin ka ut hi.

I. Pa chuh Insung thiempu ahi (Job 1:5)

Job lehkhabu a hi I et leh, Job in Pathien masanga, a chate gitlohna ngaihdam ahih theihna ding ua, Pathien kawma Maicham a siemna thu a kimu'i. Pathien in

Job Maicham te haw chuh ngaihthak sak in, Uz gama mite het leh lopi lawi ahi zo hi. Tuni hin Pate dinmun hih hawihtaka I ngaihtuoh phat leh bangtieng a lopi leh nasa ahim tih hih a luldin bangtak in gendawk zo lo mahleng un, Pathien in nang pa tihloh khawvel ahin, na pa ding midang guot lo ahi tih hengilh puoi tiu. Insung a pa chuh bang cheng mawhpuo ahi a, tunung khankhuo ding le amah a kinga ahih ziekin, mi ngaih in bangmah lo cha hi zieng lele, nang a dinga na thiempu, na haksatna, na dahna, na kipahna bang cheng na tutna ding chuh na pa ahi tih hengilh ki'n.

II. Pa chuh gausap thei ahi (Thilsiembul 9:25)

Zie Bible chang ahin, Noah a chapa Ham a sapsietna thu muh in aum a, Pate kamsuok leh thasietna hih chate'n kithuok zolo ahi tih hi kichien tak mai in a muh theih hi. Zie tak ahin le Ham, Kanaan pa sapsieta a umna hi, a pa zahhuoina sello a, a suohpihte kawma a phuonzak hi ahi. Pate suzahhuoi leh suzakchate chuh, khawvel ahin, a vangpha aum puou hi tih a kilang hi.

Langkhat lamtak ah, na pa chuh a ching in, a pil lo maithei, a hau lo maithei, mahleh Pathien in nang pa tihloh khawvel ah, pa dang hun pie lo ding ahi. Na pa chuh a chit zieka na zah bawl ding leh a thu na ngaih ding ahi puoh a, na pa ahih zieka, na zah a, a thu na awih ding ahi. Na pa'n ahun iplah ding ahim, na chung a thasiet ding kiveng in, Pathien in na pa kamsung ahin vangsietna leh akhang akhanga ding ahansie lawh theihna um ahi tih hengilh hiel ki'n.

III. Pa chuh vangsak thei ahi (Thilsiembul 27:27)

Zie tak ahin Isak in a chapa Jakob a vangsakna thu a kimu a, Isak kamsuok hi, Pathien in a vangsak zie leh Pathien in a dawnsak dan muh theih in aum hi. Lam khat tak achun, bangti dan a Jakob, a pa them hingal a, Pathien in a vangsak ahim tih theih ahi. Abang chu hileh tuni a I gennuom pen chuh Isak kamsuok hi Pathien in a hengilh puoi, tih leh a vangsak hi tih hi ahi zawi.

Thukhakna:

Tuni hun a Pa pawimawhna leh pa lopina, pa dinmun tawmcha, I vak suklatna apat hin ngaihtuohna thak ei siemsak ngei ka kinem hi. Tulai hin Insung tamtaka pa pen, pa dinmun luoh zo talo, malzin bang mai, Insung tamtak aum tai. Insung a Pa pen in a dinmun luoh lo leh dawt a umlohna Insung chuh chawmkhat apha guol in kilang lele, sawt daih lo ahi.

Insung a pa pen chuh Pathien in zie Insung a dinga chuh, mawhpuokna a piek ahi a. Zie mawhpuokna a piekna ahin, chate dinga vangsakna leh hamsietna hi le pie thei gel gel dinga hih Pathien in dinmun

pawimawh tak mai a piek ahi. Zieziekchun, Insunga pa pen a laichan chun zie Insung a chun le Pathien laichang intin, vangsakna le tamtak um in a.

Tuni hun a pa nei nalaite haw hin athak in gelthak hiting un,

vangsakna I dawn theihna ding un, I pateu chiet I bawldanteu enthak kit in, a dinmun bang uh luohsak kit tai tiu. Khutileh, Pathien vangsakna dawngthak ding I hiu. Pathien in ei vangsak chiet tau hen.

ZION TANG LEH ISRAEL CHATE

(2 Chro. 3:1-2; Sam 137:1-6, 126:1-6; Heb.12:22)

-Rev. Khaigin Gangte

Achunga Bible changte hi I sim leh Zion Tang leh Israel chate hi bangtienga kitimat leh israel chate dinga ngaihnat leh thaklah-um ahim tih hi hettheih ngal ahi. A thusim hi chawmcha'n ana sutkhawm hitiu.

1. ZION TANG UMDAN: Genesis 22:1-17 sung I sim leh Abraham chu Bersheba a a umlai in Pathien in, "Moria gam ah chieh inla tang khat hun etsak ka ting, zie tang a chu na chapa Isak chu Maicham a halmang thilpieka na lat ding ahi," A ti a. Abraham le ni thum lam a chieh nungin Moria tang chu a tung a, zie tang achun a chapa Isak chu halmang thilpiek in Pathien kawm ah a pie tai. Pathien thupiek guola

Abraham in a chapa Isak maichama a latna, a kuolsakna mun tak kha Solomon Temple dinna mun tak kha ahi a, zie chu Zion Tang ti a le het ahi. Jerusalem hi Tang sagih (7) chutphah ahi a, zie tang sagihte laka khat chu Zion Tang ahi a, Jerusalem le ahi a, Israel te genna l ahi sek hi. Zie hi mun lailungpen leh Temple umna le ahieh ziekin Israel chate dingin ngaihnat leh thaklah ahi zing a, La le tamtak phuokkhum ahi.

2. ZION TANGA TEMPLE: 2 Chronicle 3:2 na I sim leh zie Solomon Temple hi Solomon Leng hih a kum li (4) na a sakpat ahi a, (B.C. 1051 vel ahi a), ahun zo pai tau ui. Temple hi kum 400 a din nungin Rome sepaihte'n General Titus makaihna nuoi ah ahun do ua, Jerusalem Temple le halsiet in a um a, a sunga Israel chate tamtak Babulon ah suok leh sala puihmang in a um tau ui. Zie apat chun Temple a Pathien ho leh kithawihna latte suktawp ahi a, nutsieh a umte le Temple a Pathien ho leh thilpiek leh kithawihna lat ahi ta puoi.

Suok leh sala a umlai unle Zion leh a Temple ngaihnaun leh thaklahnaun a bei diek puo a, zie thaklahna leh ngaihnatna etsakna hun a umnau mun tin achun Leng phalna la'n, Pathien Hona dingin SYNAGOGUE kiti chu a hun tungdawk uh a, zie haw chu Zion Tang (Jerusalem) lam nga chieta sak ahi a, Daniel in Jerusalem lam nga a tukvelh a hawn guol kha ahi. Zion Tang a thaklahnaun leh a lunghehnaun La hi Sam zik ahin achuong mun thim ten hi.

3. ZION TANG SIETNA: Rome sawlkal in General Titus makaihna nuoi ah Jerusalem a Israel chate chu A.D. 70 in a hun do tau a, ahun la tau ui. Zion Tang a Temple dinglai chule haltum in a um ta a, Israel chate chunle a Zion a ngaihnatnau leh hetzignau chu a dai diek puoh a, atawp in Zion tundin kitna ding gelna chun Kidopi khatna (First World War) masang khan, "JIONES MOVEMENT" kiti ahun pandawk tau ui. Mun tina a umnau leh chennau phawt achun Zion a kitih tiengleh a khutbet uh a kituok suokkei mai sek hi.

Zie Kidopi khatna chun British te'n Meichanglo taksapna ahun nei phut tau a. Zie hunlai chun Juda mi khat Russia gama pieng, damdawi lam thiemtak, Dr. Chaim Weizman kiti chu a um a, amah chun Bristish te kawm ahun, "Ken meichanglo chu Nitrogen apat siem thei ingka," a tih leh British Govt. in ahun het phet in Chaim Weizman chu a limbawl in a deihchuom mah mah tau a, "Bang ka hun hihsak un, ka hun pie ding u?" ti'n a dawng tau ui.

4. ZION TUNDIN KITNA: Bristish te thil dawt leh ngetna chu Dr. Chaim Weizman chun hiti hin a dawng a, ‘Ka mite Palestine gama a pmlut kit theihna dingun, ZIONES MOVEMENT thil nget (Demand te) ei sukpitin sak un, kei mah mimal in bangmah ka deih puoi,” a ti tai. Tichun, Dr. Chaim Weizman thil nget chu lemsakpih in General Allenby leh a sepaihte chu Zion (Jerusalem chu a tung pai tau a. Zie hun lai chun Jerusalem chu Turkey te’n a awpkhum u leh a vaihawm khum uh ahi. Zie te chu British sepaihte chun nawhdawk in a gam chu a luoh tau ui. Khutia Zion Tang, Temple umna mun ngei chu a hun lak zawh phet un Israel chate mun tin gamtin apat a pmlut zung zung tau ui. Atungin Zion achun Israelte tawmcha 8000 vel ahiu a, himahleh Ziones Movement te thil nget British te’n a lemsakpih guol ua, kilemna (Agreement) suoi (MOU) ahun kaih phet un, Israel chate asanga sim in a gam uh ahun zuon tau a, chawmlokal in 5 lakhs ahungtung pai tau ui.

Israel chate dinga kipahum leh thatnawp um diek khat chu- Kidopi Nihna ahung kichaih May 4, 1948 chun British te’n Israel te INDEPENDENT ahun pieu a, President masapen dingin Doctor Chaim Weizman chu ahun guot tau ui.

Tichun, Israel chate mun tina umte’n thangaihna sun-le-zan dangloa kahlaa a awih uh leh a sukbihna dinga ZIONES MOVEMENT te thil nget sukpititna dinga khutbet kituok taka ahun pannau ziekin Zion thangaihna leh Hetzingna chu sukpitin a hung hi tai. Tuhin, Zion Tang, Jerusalem ti a le het hi khawvel pumpia gam khangto leh mite bildawhpen gam ahung hi tai.

Ahi, ei haw’n le, Zion, New Jerusalem ngai a, leisiet gimtheihna leh haksatna I tuokteu apat hin hun khat tei chu I Lalpau Isu Krista zal in Independent hun mu’i ting un, Zion La thak I hun sak hun dinguh kinem zinga hun mang thiem dingin I kingen un, ka hun dehsak chiet hi. Simtute cheng ngaihnatna chibai ka hun buk chiet hi.

Na Lenggam A Bit Nâm?

(1 Lengte 11)

-Pastor Soiral

David chapa leng Solomon in zi tamtak anei a, a zite chun pathien dangte lam ah a lunggil a puikhawi sak ziek un, apa David bang apha zo puoi. Jerusalem suohlam tângah munsangte leh kithawihna a gimlim hâlna ding munte a siemsak hi. Pathien thugawlh leh thupiek a zawploh ziek in, a gam chu Pathien in alaksak ding ahi (Solomon damsung hilo in achate hunsung in). Leng Solomon in apa David aphâk zawhloh hi i vak gelleh, ei khang a hin le 'pate' phazolo tampi i umding hi ginchat a um hi. Pate khutnung iphâkzawhloh nau hi, Gingtu masat'ên Pathien diktak ana muh tûng lai ua Pathien ana ho dân uleh azah dan u kha tuhin a thusim mai in inei tau a, i nei dawk zo tapuou a himaithei ahi. Zie kâl lak chun, Solomon bang a zi milim pathien ho 'nei' i nahihkhak ding hi thil tizat umtak ahi, aziékchu a zite kha ahi Lalpa akipat a lunggil puikawitu kha. Zi i tih tieng tua i zinu le hithei mahmah na pi'n, zi a i neih Pathien deihloh lam i

hihsek te hi le i gennuom ahi.

Leng Solomon in Pathien deihloh lam ahiziek in, a melma ding in 'Hadad' Edom mi chu a tungding hi (*Leng David hunlai in, Joab leh Israel te cheng in tha-gup sung hiel Edom mi pasal ana thah lai u khan Hadad chu naupang cha ahi a, Aigupta a Pharoah kieng a ana suokcha ahi. Leng David leh Joab athih zawh chauh in, agam lam u azuon kit hâm ahi*). Chun, a melma ding in Eliada chapa 'Hazon' le atungding kit hi. Zie sang a thil khawk zaw leh mak mahmah chu, lengpa suok Jeroboam in leng Solomon chung a akhut athak theih hi ahi. Zie haw cheng hi leng Solomon gitloh ziek leh apa bang a Pathien lungthim bang aputloh ziek a hungtung ahi. Nasatak a ilawhtit zing lai in leh Pathien lungsietna leh vangsakna idawn zing lai inle, Pathien deihbang a i umloh chun, i melma ding leh ei suna ding hi atungdingnthei leh ei tuoksak thei ahi tih akilang

kit hi. Upa te chun, “piensuol kikhello” ti’n ana gen sek ua, zie chu Lalpa i hetloh na ziek in ana umthei a, abawn in vang Lalpa a kipat gawtna ahi ti’n le i genthei diek puoi.

Leng Solomon in apa David khawpi a siemphat hin, Jeroboam chu mihat khawkheng ahieh ziek in Joseph inkawte chungah lawiupa ding in a guot hi. [*Jeroboam hi Ephraim (Joseph chapa nihna) mi ahi*]. Zielai chun Lalpa’n amah chu Israel nam sawmte chungah vaihawm ding in ana têt ta ahi. Hinla, nam nih chu apa David ziek chauh in Jerusalem chu a pie nalai ahi. Gam bung kikhenna hung um ding ziek hi, Israel chat’è’n gamdang pathien a ho ziek u leh Pathien thuguot leh vaihawmna a pa David bang a azawploh ziek u ahipèn hi (1 Leng11:29-35). David in Pathien a lungsiet bang in leh Pathien lunggel bang a put ziek in, Pathien inle amah hi a lungsiet mahmah ahi. A chate a tute tieng in thil hihkhiel mahleu, David ziek chauh in Pathien in Jerusalem hi asumangthai nuomlo ahi (v.39). David hinkhuo hin chuh akhang akhang a zilding

lienpi ei muhsak a, na tuhgah na âtding ahi tih hi Pathien thu ngêi ahieh ziek hin, tunia i tuhgah ei chauh in kinelo in i tu i chate’n ahun nepha nalai u ahi. Huonthai tamtak ka pa’n a tuhte leh, lo leh inmun a lamdawkte ziek hi’n a tuhte chu Pathien zal in tuni hin a chate’n ka ne thei ui. Chate chung a pate mawhpuokna hi lien mahmah mai ahieh dan David leh Solomon te pacha’n chung a Pathien zaidawhna a dawnnau akipat hin a muhtheih a, alopi takzet ahi. Leng David in a tuhgah chu leng Solomon in a ne a, akhang adaih ahi. Tuhgah veve hinapi’n leng Solomon tuhgah a phatloh ziek in Pathien vaihawmna, kikhenna chu ahungtung ta ahi.

[Bang chî hi tuni’n i tuh um? Atuh hun hi bangtik ahim? Agah bang bang i ne pan tau em? A lei thawh hun ahitam? Akhûl gam ahitam leh? Atân hiel i hi zaw tau em leh?]

Thiemgau Ahijah a kipat Jeroboam kawma Pathien thutiem ahung tun phet khan, leng Solomon chun Jeroboam chu thah aguo ta a, mahleh Aigupta gam lam

ah a taimang hi (v.40). Zie a hin i hetding pawimawh khat chu, leng Solomon chapa chu Rehoboam ahi a, mahleh tua amah lenggam lienzaw, nam sawm piek a um ding pa chu Jeroboam, a suok Nebat chapa ahi (v.26). Bang ei muhsak ding u aw zie hin? Suok cha leh leng cha hi chu hahkhiak a kikhie ahi tih lengte chanchin i et in aheththeih ahi. Leng leh suok le ti puoi ti, ei hun a chagah le hausa kikâl ahin le lienpitak ei khen ahi. Zie chu hêkawm in, Solomon lenggam a suokpa'n a lak mai ding hi chu na mahmah ding ahih ziek chun thah a guot mai ahi. Thil maktak leh ei chungatung ding a i ginchatloh hilele Pathien thilhihtheihna hungtung thei chu tunia i neih te midang khuta Pathien in kawih thei laizang dan ahi. Solomon chung a zie hi Pathien vaihawmna ahih hezing kawm in, pathien dang i neih u chun, i thilneih i kiletsakpih hawu hi midang pie thei ahih ei muhsak ahi. Apiek dingte chu kuote ahi die? I chate hileu pha ding ahi a, midang i muhsit mahmah te, i suokteu, bangmah a i na gellohteu hung hiding ahi.

Bangmah hi i kiletsakpih ding a um puo a, i kingaihsietpih ding le a um diek puoi. I Bible in (Matt.20:16) amasa nunung ding, anunung masa ding atih kha zie hi ahi. Zieziek tak hin, vangphat vangsiet i ti'm haw hi Pathien zal vek ahi a, thuneipa hi i ho leh i neih hi apawimawh takzet ahi.

Leng David hi Pathien lunggel bang aputna leh akingaihniem mahmah na chu, Leng Solomon in Jeroboam a thah guo a, mahleh leng David khan chu a leng hihna a lalchutphah chu chuh tûntûn lo in leng Saul leh a chapa Abshalom kha a taihmangsan zaw ahi. Khawvel hauhsaknate leh lalnate haw ngaihsanna hin gitlohna a ei puimang thei zing a, David bang a a leng hihna apat a taihmang hi haksa mahmah ding ahi a mahleh zie chuh a lenggam bitna ding ana hi zaw ta ahi. Bangakai a Lalpa i settheih hi ana pawimawh mahmah ahi, lenggam hi chuhthawh ding ahi puo a, a neipa hi kichuhthawh ding ana hi. (Tangval lai a kithuhilhna, a chanu na neih nuom leh, anei nu "Anu" hopih thiem zaw'n 'hel zaw'n' tih tawbang

kha ana hidan ahi). Khawvel hauhsakna ngaihsanna hin gitlohna a ei pûksak chauh hilo in, i neihlehlamte chung a hin Pathien in vai ahawm thei hi tih leng Solomon a kipat a zilttheih hi. Zieziekchun bangakai a hi Lalpa kawma i kikawlsak zing ding ahi, danleh i hetloh kal a i lenggam i chàn chauh hilo in i melmateu kawm a piek a umthei ahi. Pathien hetlohna, zahlohna, kihchâtlohna hin Pathien a kipat gochan i neihte hi, Pa'n lem a tihloh chun ei lakmang sak theih zing ahi.

Leng Solomon banga apa David in a go siemsakte sumangthaitu a pang hilo ding leh David banga Lalpa a hetziek a Jerusalem hûmbit a aum bang in, Lalpa lau kawm a gitloh simkawm zel a, Lalpa a kipat gochan i neihte i etkawl ding hi i kideihsak ahi.

I pate'n go ei lamdawksakte hi zawkdawk chilo in, etkawl thiem hi apawimawh ahi. Tukhang ahin, ka pa'n ei

lamdawksakte hi ken lamdawk ding hileng agamla na hiel e, Lalpa'n ei piek ahieh zieng loh ngâl chun.

Tuni hin "Chanchinpha" hi go lûlpen England gam a kipat Lalpa'n ei piek u chu ahi. Khawvel thil tawh theng in subuok puoi tiu, piek a i um bang u khan i kawih thientho zingzing hi apawimawh ahi. Leng Solomon in apa akipat lenggam a neihte kha milim pathien hona leh tundawkna'n a nei a, zieziek khan a lenggam kha nih in akikhen lawh ahi.

Nang leh kei in le, i gochante haw phatak a Lalpa lam enzing kawm a I ki-etkawl loh u chun, chàn thei zing I hui (Lalpa a kipat gochan cha le naute le ahuop vek ahi), tih le thihpih thei nalai i hui hi.

Lalpa a kipat gochan i neihte phatak a Lalpa lopina a i etkawl theihna ding leh Lalpa lam i naih theih zawk sem na'n, Lalpa'n A thu malsawm ta hen!

BANG DINGA LOCKDOWN ZIEKA KIKINGAISIE (DEPRESSION) MAI DING AHIM ?

“Na um dan ding cheng Lalpa chungah nga’n la; Amah muong leh chun” (Sam 37:5)

*By:-Evan.Paukhomang Gangte
Contact no: 8730026225*

Tulai taka I do ding melma chuh Chinata hilo in ‘*virus*’ ahi. Adona ding umsun chuh Nuclear galvan hilo in *lockdown* mah ahi. Sepna nusieha mundang apat In hun zuon Manipur mi 14017 In puihtungna dingin Government in Rs. 69,99,994/- aseng zo hi. Domestic leh International flight cheng achawla, vanthamzawla khuolzina thawm kizata lo; keng nih nei hi’n, keng li nei hileh akilik thei phawt gen takloh, kenga chieh nasan phal hitalo, mehzuokna munpi haw leh secondhand dawrahung kilockdown taktak chuh rapture nung abang mai hi. Alangkhat ah bangcheng hileh achawkna ding umsa bek hileh, ni danga thokanglo

kihâl sek Godzilla Rs 30/- man dukana Rs.130/- a chawkahung ngaih zieng leh kihuol zawh aum puoi.

1. LOCKDOWN ZIEKA K I N G A I H S I E T N A (DEPRESSION): Lockdown zieka kingaisie dinga kilawm mawh lo chuh ka hi, aziekhuh Pathien ho kikhawpna leh khuotin church activities la umta lo, Ni dang banga ESC Office hungveh muh ding vâng ta, chun sawmakhat leh thawhlawm bangti ta ding, sawlkal nasemte government in lawh apie na dem? Chuleh gamdanga nasema kilawh migrant worker-te hin In lam ahun zawt mai diu hita maw? Mission worker chengin ESC common projet dinga tha khat lawh donate kibawl zo

panpan, nikhat nikhawtha tawh; mite bazar kai anchang havai leh dal abag- abaga tawl zungzung maite i muh tieng, enle ngaihtuoh ding kinei sâm ahi. Chuleh ka tunu Nk. Hoihsi April 2,2020 a kicheng ding, a thâkna ding card hawma kipanga, chanu thak ding, kichen dingla gen puok ngam hita lo. Chuleh i nau uh Nk. Deborah le khuti mah chuh Mar. 24 leh 27 a kithak leh Shillonga program ding, kikawmtuohna State Bus la umta lo, tuchung lockdown sunga program nei khate i vak ngaihtuoha, Pathien a kinga lote dingin phunna kham ahi. Tucha behcha mopui ding haw Chiengkonpang a In a quarantine mai hawu khah thusim abang ziang hilo maw? Wuhan hospital-a Covid Doctor Peng Yin Hua, kum 29 phet zi nei ding, a sepna a ngaihkhawk zieka Feb. 27 a dinga postponed kibawl, Feb. 20 nitaka card suksa, a thih san mai kha khawktak ahi. Chuleh i cha, i nauteu sepna a muh sunsun hun taihsana In lam hun delh, beidawng bangzah aum dem? Rev. Khaizakham sermon “Tuhih In lam chieh

phat ahi,” a tih bangin ni dang In lam chieh tawh tuchung In lam chieh hih kibanglo ding ahi maw! Khawpi chuomchuoma sepna nei migrant worker-te Government in Shramik train 4,228 hiel mangin migrant workers lakh 57, chuleh Bus leh gari chuomchuom mangin lakh 41 amah state chiet apuotung hi. Chun Supreme court in amah state chietin a sepna diu ngaihtuoh sak hen ti’n thu phuon abawl beh hi. A haksatnau Govt. in ahetspih mahmah hi, himahleh state dangakipana In lam hun zuonte hin insung, sapchuom leh khawtanga dinga thilpha ahun puok lut uh i kinep zing lai in, Churachandpur Quarantine centre haw ah nungak tangval khut kitutuoha lâm, Zu leh khamtheih va thak pawl leh aguka in a va giek pawl aum thu Daily news ah muh ahi. Khawpi thupi taktaka sepna nei changkang mahmahte dinga le Covid do dan kibang tho ahieh ziekin, Kolasib D.C, Dr.H.Lalthangliana in mun dang apata hung um chin helo, haksatna siemte thakkitna dinga pan lak kit ding ahi, a tih hih a mawk gen ahi puoi,

chuleh Pu Ngaihte sap AC to DC/C.C.Pur in Quarantine centre chuomchuoma umte phataka um dinga chielna abawl ban ah Quarantine zawha gawt ding lawi le um dah lo ahi.

(i) Popular TV Actress Preksha Mehta: Mi lârtak, hawih nalai, bangzieka Lockdown ziek poha kikhailum ziang ahim? Bang pen zieka kinepna beia um ahim? A suicide note ah 'the death of the dreams is the worst' tih nusieh in ceiling fan ah May 25, 2020 ni'n a chenna Indore, Madhya Pradesh ah a kikhailum hi.

(ii) TV Actor Manmeet Grewal: Tawthiem leh mi sutai thiem mahmah, lockdown sunga shooting zawm thei lo chuleh, sum-leh-pai taksap ziekin ceiling fan ah May 15, 2020 ni'n ana kikhailum hi. Alawipa Manjit gendan in Covid ziekin a luong latha ding ka mu zo puoi, ti'n, a gen hi.

Achungate hin, melma do zolo in, gallah takin a hinkhuou a sutawp ui. Amau hin thihna hih lockdown tawpna hi dinga a gel uh ahia, hinla kumsawt gam ah amau dingin lockdown

ana um kit intin, zie lei chungga sanga khawkwaw chatuon kingaihsietna (depression) maituoh kit ding ahiu, akhawk hi maw? 'melma zawhna dinga ado dingpa kithah' hih Setan thangkual hilo ahim?

2 . K I N G A I H S I E T (DEPRESS) DING HILO: Ka thuduha khawvel gamtin ka thil viela, zing chengin Covid vei kibeh zat, khawvel pumpi, chuleh North-East leh adiekin Manipur ka ngaihven diek hi. Lockdown khatvei kha chuh ka huphulh bek puoi. Himahleh lockdown ahung kibehlap zela, Covid tawh hingkhawm maithei i hi tau tih ahung kigen in, ka lunglah tena, hinla ka thuduhna vang abei diek puoi. Zie laitak chun Youtube ah Hyderabad Pastor Dr. Samuel in thu a gena, Coronavirus hah sim kinla, Sam 91 hih sim in, ti'n Bible ei vak kawkmuha, zie chuh Covid chungchanga Pathien aw ka zak masakpen chuh ahi. Ei vengpa Pathien, hi-leh-gau laka ei humbit thei, kulhpi dettak ahih dan ka het in lockdown mat ding dan ka geldawk thei pan hi. Bible translation kawm in thuthangte ka ngaitha zela,

tichun i sapchuom sung leh pawlama lockdown, Pathien pawlna lemchanga mang tiemteh tak ka muhbeh zela, amau haw chuh:-

(i) *Nk. Chinnunnem @ Christina* of New Lambulane in ni 9 sunga Bible pumpi a sim zawh thu ahung kithang vengvung hi. Zie chuh lockdown laitak April 1, 3:30 a.m. apat Apr. 21; 12:40 p.m. chan ahi.

(ii) *Nk. Tailalbêl* of New Lambulane in ni 7 sung in Bible pumpi ahun simchai a, zie chuh Apr.24. zinglam 4:18 apat Apr. 30 nitak dak 4:18 sung ahi.

(iii) *Nk. Nienghoihlam @ Deborah* of Hiltown in ni 8 sung in Bible pumpi a sim zo kit a, zie chuh Apr.22, zing dak 8:00 in a pana Apr. 29 nitak dak 7:45 in zo ahi.

(iv) *Tv. Paulalzom* of Chiengkongpang in Bible pumpi ni 343 sung khuta ana zik chuh, lockdown sung Dt.26/4/20 nitak dak 4:00 in Rev.Mangkhokam in latna aneih thu het behlap ahi kit hi.

(v) *Tv. George Kaizomlal:* ESC Office Book Room manager, amah hin Lockdown khawksa lo hielin Pathien na seppih ding May 27, 2020 (Wed) ni'n a neia, mipi thasangin Office staff te thilpiek tawh ana kuon ua, I kipahpih ua, Pathien in vangsak uh hen.

(vi) *Pr. S. J. Minthang:* Lockdown sunga Bible pumpi sim zo lakah I Missionary pa'u le ana panga i kipahpih ua, Pathien in vangsak zel hen.

Awle, lockdown phachuomtaka mang I sapchuom sung leh pawlam ah tampi um in a, himahleh sapchuom in kiekniemna'n i nei puou tih suklatna ding mai in zie cheng hih i sulang uh ahi zawi.

3. **PATHIEN IN I KINGAIHSIET DING UH PHAL LO: (1Tim.6:17)** Paul in Timothe kawm ah, "Tu huna mi neizote hih kisathei lo ding leh sum muon umlo a, a kinepnau nga lo a, kiningting taka bangkim i kipahna ding ua ei pie sek Pathien kawm ah nga zaw'u hen" ti a gen dinga Timothe set ahieh bangin zie article hih zui chiet hitiu. Tuhin I masang ah buoina kiel

leh chak, sumlehpai taksapna thusie lasie i masawn zel ui. Economic lam ah niemkiekna hung tung intin, gam khat leh gam khat kihetthiem lohna ziekin company lien taktak in agam chiet hun kizawt un tin, Khangdawng tamtakin sepna hun man sak un tin, khawvel pumpi hung depress ding ahi. Sumlepai chauha kinga, Pathien in a siemlawh gel phalo, 'Money is Everything' tia, hinkhuo ut uta manga Pathien ngaihsak lote kingaihsiet hun ahungtung tai. Gam khangto USA zieng inle tuchung Covid ziekin khangdawng 27 million vel in sepna a mansak ua, ziete chuh kum 20-30 kikal mi ngen ahiu hi. India gam ah mi 122 million sanga tamzaw'n sepna a mansak ua, adiekin zie cheng seh li a seh thum sepna mansak chuh Tamil Nadu state ahia, tuchung hin Chenai returnee atam pena amin le athang pen hi. 75% chuh sum dawnna neu haw leh nikhawtha kilawhte ahiu ui. Chun tuhin khawvel pumpia Covid hau lak ah India nga-na ahia, June 10, 2020 tiengin abawn in 2,76,125 ating a, a thi zah 7,719 ahi tai. Covid-19 khawk laitakin

Amphan cyclone in India leh Bangladesh ahun nuoidiek a, adiekin West Bengal in athuok a, chun June 3 in cyclone Nisarga chinpei in Maharashtra, Mumbai leh Alibaug khawpi leh Temple tamna mun anuoidiek kit hi. Chun Zawlnei Joel in Lo nei mite haw kap un, buh at ding aum ta puoi, nget leh hipi'n asit cheng khaupen ane chai tai, (Joel 1:4 -11;2:2), chuleh tu masanga ana um khalo tununga le hung um kit lo ding khaupen hawn in gam cheng atuom suok tai tia, thiemgau Joel in agen bangin Khaupen hawn in Africa gam, Kenya, Somalia, Ethiopia, Uganda, Iran leh Middle East gam ahun chaih nungin, 2020 April tha bul in Khaupen hawn Pakistan apat India hung lutin, Rajasthan, Madhya Pradesh, Gujarat leh Punjab ah buh leh thaichi ane chai tau hi, atam dan chuh alen tieng uleh van liep hiel in agen ua, mel khat sunga um zah chuh million 40 vel ahiu in, ni khatin mel 100 val thai nek tawh pem akawp thei ui tih UNO nuoia Food & Agriculture Organization thusuok in agen hi. Khawvel buoi ding hih Bible in agensa

him ahia, hinla ei gingtute ding in lungdawn ding ahi diek puoi.

DOBROY: Amah hi German gama Lobawl mi Pathiena kinga zo mahmah, Warsaw apat gamla lo mun khata farm bawl ahia, mi lung-awi thei tak le ahi. Amah sukkhelh hilo in, a inkuon kinaihipihte bat dit zawhloh ziekin a-in-leh-lo laksak ding dinmun ah ahung ding ta ahi. A-in-le-lo nusieh dinga nawhna amuh phet in mihausapa kawm ah thum vei hiel ngaihdam ngen in a kuona, himahleh a lawhsam hi. Atawp chun in-leh-lo a nutsiehna ding ni phat tepsa leh nawhna lehkha court phalna tawh a mukit ta ahi. Tunitak chuh a insung ua inkuon kikhawpna nunung pen dingin ahung chukhawm ua, zing khuo hungvak leh huoilam zawt ding helo mahleh In nutsieh ngai ding ahi tai tih a he'i. German laphuok thiem Paul Gerhard in Psalm 37:5 apat a phuok "Na lunggimna chengcheng amah chungah nga'n la, ama'n ngaihtuoh in a, Vante'n alopina aphuon chim loh uh bangkim hihtheipa kawmah chun; Ama'n huihte um ding dan

hilh in, meipite chiehna ding lampi akawkmuh seka, Amah chun hun umpih in na kalsuon pui lo ding ahm?" Zie la hih a sau a, chun châng lina ahung phak tak un thillam dang ahung tunga, zie chuh, "Aw LALPA nang, lungdawn laia ei puipa, Aw nang tasam ngeilo na hia, muntin na vangsakna'n na vuka, alampiteu nanging na salhvaka; kuoma'n na thilguon asulam dang thei puoi; Lungdawnga kapte kipahna mittui a biengua luong na muhma cheng lungsietna'n na thahtham ngei puoi," tih hi a sak laitak un tukvelh ahung gi sieusieua, a vak hawn leh vakhu ana hia, zie chuh apu damlaia ana vâk uh apu'n ana thahdawksa hung kit ahi. Chun vacha chun amukin Diamond zungbuh mantam mahmah hi ahun puoa, Dobroy chun a khutin a vak la a, ziephet chun kintaka va zuoka bat dit mai ding chuh a ngaihtuoh hi. Abang hileh Pastorpa kawm ah a tai a, thil umdan leh zungbuh chuh ava etsak hi. Pastorpa chun aw! Zie hih nidanglaia mihausapa zungbuh mansak khah ahi hila! t'in a chawia mihausapa kawm ah zungbuh

leh Dobroy chanchin chuh ava hihl ta ahi. Chun lengpa chun mi a sawla michagahpa chuh ava sapsaka bangmah laksak lo in kipahman tamtak a piea, amah a sanga hawih zaw In a saksaka ganguol tamtak tawh gimthei lo hiel in a chensak ta ahi. Zieziekchun Dobroy in Vakhu leh amuka zungbuh lim tawh ala sak uh tien 4 na chuh zikin lakthâk takloh dingin kawt chungah atak ta ahi. Zie thusim hih Pathien in beidawng amah muonga a kawm zuonte a kimuhmawh sak ngei puoi tih kichetna leh ataka tung thusim ngaihnapw umtak chuh ahi. Pathien in amah muongte a nusieh ngei puoi tih ka hun hihl

nuoma, bangtieng gitlohna, san au hen le sandup hiel lele ngaidam dingin cross bul ah ahun ngak hi. Zie khawvela nekloh-chakloh, sum le pai tasama i um uh hin, taksap lohna kiel-le-chak umlohna gam aum ngei hi tih ei hetchet saka, zie guola taksapna gama i um lai chan uh chuh Krista'n ei siemsak uh gam chuh tung nai deuhlo I hiu tihna ahia, hinla hun sawt ngai ta beklo ding in akilang hi (2 Kor. 5:1-6). Simtu chengcheng Pathien muongin i hinkhuou mang chiet hitiu. Lalpa'n ei vangsak chiet hen.

[Chamna Aw May tha Issue pek 23 nuoia Covid damdawi Redemsivir kiti khah Remdesivir tih ding zawk ahi.]

Ngetna

Chamna aw hi subscribe a, Articles a hun pie zing ding in leh subscriber ding hun hawla sponsor hun bawl zel ding in, chun aphung vukna ale pang ding in na tawmngaihnaui leh deihsaknau Pathien min in ka hun ngen ui.

- Editorial Board

“ NASEP DING TAMTAK LAK AH..... ”

(Neh.4:19)

-Rev. L. Sata

Sapchuom (Association) khat hin sep ding tamtak a nei hi. Puitu masate'n abul ana patsau leh aumsa pansan in sep ding haw chuh a semzawm zel hi. Tuhun leh hun chiehsa kum 40 vel (1980) dinmun tawh tehkal (compare) in sepbeh, siembek huntieng tak chuh aum mah mah hi. Etsakna'n: Tu a department pawimawh leh ngaihkhawh pena I neih uh khenkhat hi kum 40 lai vel khan ana um puoh a, ahun dungzui in hotu masate khan kitup hun tawkin ana enkawl ua, ahun akhan a fellohna ana um chuomlo in akilang hi.

Tuhin Sapchuom nasep (activities) bang ahim tih kidawng leuhing a dawwna chuom chuom um ngei in a. Chun, Workerte ngiel hile zie thu ahin vision, plan and policy thu ahin mahni a chiet diksa, ei masanga ana semte khah diklosa thim chiet, midang apat thulut chuh ngaih hona khat nei thim chiet in akilang hi. Mimasate nasep sanga phazaw kisakna lungthim tawh a hepen leh a thupikhuol pena kalsuon a kikawih theih ana hizing hi. Thilkhat chuh siemphat ahim, sukthak ahim angai sek a, a hun tawh kituoka siemdawk mai chuh apha ahi to zel hi.

Office a department umte duty um intin, Biel a semte duty leh sep ding le vak gel dan in aumsa um guola ngaih theihna um in a. Nasep ding tamtak leh ngaihkhawh ding tampi laka langsal taluo lo, ngaihkhawh um tak chuh kipawlkhawm (fellowship) hile ahi. Tuhin le, thupukna khat chuh Sapchuom Upa leh Pastorte Fellowship neihkhawm ding tih ahi. Zie hih apitit chun Sapchuom khenkhata buoina um sek haw hi bang tieng ahim bei thei ding ahi. Sapchuom ahin ahun dungzui in kitelna (election) aum sek a, Sapchuom khenkhat (atawm zaw) ah buoina or kibungkhenna aum

kha sek a, thil khawktak ahi. Sapchuom achun Sapchuom Upa ordain umna atam zaw ahi a, ordain Upa um zieng lohna le chuh khatlenih aum nalai hi. Sapchuom sunga buoina tung sek hi khawia kipan sek ahim tih na ngaihtuoh kha sek die aw!

“Na ngen u a, na nget dikloh ziek un na mu puou hi, nangmau nawpsakna ding dinga mat na guot ziek un (Jak., 4:3). Pathien lopina ding leh Sapchuom mipite phatna ding hileh mun bangzah ahim a buoina (sawi neuh neuh) hi umlo thei dingin akilang hi. Lawiupa lam inle mahni deihdan leh lunggel chiehpah taluo a hetna haw apat Sapchuom ah huih thienglo anung sek a, zie haw chun thulela hawihlo agah daw sek hi.

Kipawlkhawmna (fellowship) tamna achun kideihsakna, kingaihdamna, kizahtuohna, kihethiemna apieng sek , zie chun gahpha a suoh sek hi. Kumtawp Khawmpi tihloh in Biel/area sung ahin le Fellowship leh Paucham khawmna haw bang hih um

zel sek leh Sapchuom suhattu leh Biel khantohna khat hiding ahi. HQ. area, Khosabung area, Imphal area, Saichang area, Khanpi area, Phaijang area, Tuilangkuol Chongmun area, Jiribam area, Shillong area tih haw hin, Biel Standing Komiti hetpih in B.S. leh Area Pastort'e'n hun lemguot tabang leu phachuom mah mah ding ahi a, **sepdan thak le himai ding ahi.**

Ngaihdamna: Sapchuom a department min nei hiela umlo, ahun leh amun dungzuia sepdawk ding, sukpitit zel sek ding chuh kingaihdam, kihethiemna hin mun a neih touh zel hi ahi a, Pathien Sapchuom hisel tiemtehna tamtak laka khat le hi ding ahi. Ngaihdamna sukbutitna ding chun “a sukhiel” um intin, a ngaidam ding (vaihawm pawl) mawhpuokna pieka umte um ding ahi. Thil nih a kisuktuoh louh chun ngaihdam in sep ding umlo ahi. Pathien in mihing- gilo a ngaihdam umzie hetna khat nei chiet I hui hi. Ngaihdam mamawh, a sukhiel hih sangin a ngaidam dinmun hi khawvel chiehdan ale deihum zaw leh ut um

in akilang hi. “Mi damthei te’n daktor a ngai puou a, mi dammawhte’n a ngai sek ui” (Mark 2:17). Damlo khat chun damlo ahieh a kihet tieng Daktor a zuon sek a, thil sukhiel chunle sukhiel ahieh a kihet a, a ngaidam theite kawma a chieh zel a ngai sek hi. Zie haw hi Chanchinpha kipatna bulpi khat ahi. Numei zawlsainu kha chuh amah kamsuok dang tampi a kihe puoh a, hilele, a ngaidam thei pa khan a ngaidam a, chunggik tak leh muolpho taka Dan thuzikte leh Pharisaite’n a lihhawi zieng u khah zangkhai tak leh kipak takin a kilehkit ahi kha.

Sapchuom hih thuneihna sang tak nei ahi. Ngaidam thei,

siempha thei, mite puokgik dawn zang thei, a sukhielte, dana kana umte Bible tawh kituok a, hehpihna zieka lamdika puithei, hinkhuo heizang theihna zieka lamdika pui thei, hinkhuo heizang thei (power) nei ahi. Ahiehzieng in, Sapchuom chun amah zienga hih thei kitlo, ahiehna umzel ahi. Asunga umte, mawhpukna changte khah a tawih uh ngai ahi. Sapchuom sung haw hile enkimvel leuhing SUKDAM ngai, siemphat ngai um ngei dingin akilang hi. Athu adika dik, ami (aliente) dam dieklo aum thei hi. Khat zieka khat dam thei ahi. Sudamtu’n na pang em? Sukdam loh a liem tuok a um na him? Kisukdam tuoh amamawh hi.

TUNUNGA SAPCHUOM TIN IN AHUN TUOK DING UH

- Sapchuom tin chuh, Chanchinpha gen ding sang in; Leadership in hung buoi un au.
- Sapchuom tin in Pathien kawma kipathu gen sangin, mihiemte kawma kipathu hun hahgen un au.
- Sapchuom tin in semtu, apawimawhna mun mun a sem thei ding sang in; mun khat (Particular place) a sapna mu hung tam tan a.
- Sapchuom tin in Chanchinpha gen ding sangin; vaihawmna chutphah a chu nuom hun hau tan au.
- Sapchuom tin in Pathien lunghawl sangin; mihiem lunghawl un au.
- Sapchuom tin chuh, chitna thiemna’n hung ki-el un au.
- Sapchuom tin chuh Pathien deihdan sang in; amau deihdan leh a thupuknau in hung chieh un au.

- Sapchuom tin in Upate leh Pastorte ngaihndan sang in; khawvel mlien leh milalte ngaihndan hunla zaw'n au.
- Sapchuom tin ah, pathien thugente sangin; khawvel thu tawh hel theite, hung challeng un au.
- Sapchuom tin ah, Theologian tam deuh deuh ding; Sapcuom kivaihawmna rebeller deuh deuh ding.
- Sapcuom tin ah Theologian degree sang tam deuh deuh ding; Pawl (denomination) tam deuh deuh ding.
- Sapchuom tin ah, Theologian tam deuh deuh ding; Politician te challeng deuh deuh ding.
- Theologian tam deuh deuh ding; Khawvel thu kihah gen deuh deuh ding.
- Sapchuom tin ah Dan leh Muol tam deuh deuh ding; zuih loh tam deuh deuh ding.
- Sapchuom tin ah, a gen thei tam deuh deuh ding, a zui tawm deuh deuh ding.
- Pathien phatna sanga, mahni phatna gen gen hung hi ta ding.

KIPAHTHU GENNA

Lalpa'n thil lopi takte ei hihsak a, ka kipak ten ui. –Sam 126:3

Kei uh nupan, Evan. (Retd) Lamzagin leh Pi Kholzahat ka kichennau kum sawmnga (1st May, 1970 – 1st May, 2020) tieng ei puitungtu Lalpa Pathien kawm ah kipakthu ka gen ui. Lalpa Pathien chu pahchakna sangtak ka pieu hi.

Chun, Maumuol Synod Ho-In ah, Pathien Danthieng in, Pastor T. Selluoi khut ah ka kicheng ui. Zie Pathien ei puihna a thupi a ka kipak takluot ziek in, mi atam thei pen in ei na hetpih ka nawp bek ziek un, Chamna Aw (Magazine) ahin ka hun suoh hi.

Zie ka kipahnau leh vangsakna lopi ka chan uhih, a he ta chengin Pathien kawm ah kipakthu ei na genpih dingin ka hun chiel ui. Ka chan guol loh uh, vangsakna ka chan uhi, phatna leh sum a chawk zawhloh vangsakna ahih ziek in, Lalpa ka pakchau hi.

Chun, cha laigila gah, Pathien vangsakna thilpiek ka dawn teu, Numei khat leh Pasal li ahiu hi. Chuleh, tu numei nih leh pasal thum ei piei. Chun, tu sawn le numei khat ei pie nalai hi. Lalpa chu pahchak in um hen. Zie bang thil chan lopi hi mi tamtak a chang a um ua, a chang lo le a um ui. Lalpa'n ei piek ngei ahi tih ka hetchien leh ka muh chien ziek tak ziekun, Lalpa min ka pakchau hi.

Chun, nupan tamtak kum 50 tieng dam tak a hun pui tung chiet dingin, deihsakna sangpen ka hun pieu hi. Lalpa'n thil lopi takte ei hihsak a, ka kipak ten ui.

Na suohpih uh,
Evan. (Retd) Lamzagin te nupan, Chiengkonpang

LUNGTHIM HISEL

By : SM/Clk Paukhogin
Mantripukhri, Imphal

“Lunggil thiengthote chuh a hampau ui, Pathien hun mu ding ahi ngal ua.” (Matt 5:8)

1. Lungthim hisel tih hih gendan leh muhdan chuom chuom tampi aum thei a. Mental Doctorte, Psychiatrist te leh Bible zilte hin lungthim hisel leh hisel lo gen ding hileu, a hetdan leh a ngaihndan tampi gen ding a neih ule gingchak a um hi. Aziekhuh, khenkhat a taksa piendan hisel tak, dam le damthei, ahiehziaka a lungthim putdan hisel lo hiel tih bang aum thei a. Khenkhat ahieh kit leh, a taksa achau a chau, ahiehziaka a lungthim hisel mah mah zieng tih bang le um thei zel hi. Doctorte'n gending hileu, Mental Health tiu in tin, zie chuh mihiemte nungchang, lungthim putdan, lunggel leh ngaihtuohna tehna, sutna leh etchetna lam in le mang in au. Ahin, I gennawp pen chuh lungthim hisel leh hisel lo tehna chuh (Mental Illness) Ngawl leh Ngawllo,

Depression leh stress neih ziek ahim, phungzawlvei ziek ahim a, I mat uh chun chuh dik thei lo ding ahi. Lungthim hisel tih hih ngawl leh ngawllo genna lam ei zaw puo a, kipah leh kipah lo genna le ei diek puoi. Lungthim hisel tih chuh nungchang leh lungthim put dan dik nei hi ahi zawi, tuni a I gennawp pen uh chuh. Kristien sakhuo zuite I hiu a, Pathien leh I Lalpa Isu Krista thupiek leh a sinsakna lampi zui leh zawpte I hih ziek un, a thupiek haw hi, ginum tak, diktat leh thutak taka I zuih a, I zawp loh chun lungthim Hisel hi thei lo ding I hiu. Unau, khenkhat in amah diklohna, a dika gen guo tei tei, mi dikna, dikloa gen guo tei tei tih bang, ahiehloh leh, I nitin hinkhuo a I thagau a dinga pawimawh behlap ding behlap nuomlo, paih thak

ding paihtha nuom lo tih haw hi Pathien ngaih in lungthim hisel laka simtel hiding in ginchak aum puoi.

2. I Sapchuomte lak ahin, mi ngawl hi utlo hiel, hilele lungthim hisel lo I tam ding um maw? Ei a dinga dik le he thei lo, deihsaktu deihsakna le he thei lo, amah leh amah inle deihtelna siem dik tak tak thei lo, a inkawte chan ding nasan le, ne zo zieng, khamtheihna thila tai viel viel zieng haw hi lungthim hisel a I ngai ding uh ahi dem? Mi chansikna tieng le huihkhawm utna lungthim nei haw hi mi ngawl na hi kiti leh ut lo hiel ding ahiu. Zie guol a ngaihtuohna lungthim nei hi bangzat I um ding um? Amau haw hi nasep peihlo, alim lim hawl, nik leh puon ahawih hawih dei, sum hawl peihlo ahi nuom deuh sek ui. Zie guola lungthimpu Nu leh Pa, Nungak leh Tangval bangzat I um ding um maw? Zie tawbang lungthim pu I hih chun, ka umdan hih Pathien leh mihiemte chung a dik ahi nam, mi'n bangti'n ei ngai um? ti a I kingaihtuoh thak diu angai in ka hei. Lungthim hisel chun ahihna a kihetcheta,

kuo ka him?, bangtia hinkhuo mang ding ka him tih a kihechien sek hi. Adik leh adiklo a khen thiema, mi hih cheng a kipahpih zieng puoi, a thiem chun, ka thiem hi ati a, athiem lo chun, ka thiem puoi ati mai sek hi. Khawvel a mental illness tehna lienpen chuh, amah a kihetchetna hi ahi. Kuo ka him, bang hih ding ka him tih a kihechien sek hi. Thagau lama I gam sung, Insung leh Sapchuom sung ei subuoi pen hi bangmah dang hilo in ei mah leh ei mah I kihetchet loh ziek ahi pen hi kiti leh kigen khiel dingin ka gingcha puoi. A he le hi samlo, ka he puoi ti utlo hiel, athiem le hi samlo, ka thiem puoi tih ding zakcha mah mah mai, piengthak ka hi kiti ngal, ahi achuh a thil chin leh a nek haw chuh piengthak chate hih dinga kilawmlo, thilpha muh ding him him umlo, ahihziika chuh piengthak lo hih utlo hiel tih haw hi, mi bangzat I um ding maw? Zie haw hi hilo maw, I kisinsaknau haw kha? Unaute, bangmah lo a I ngaih thil neucha cha haw hin I gam leh I nam a ding in, banga ahindawk, na ngaihtuoh kha?

Diktatlohna, thutaklohna, zawmthawtna leh chapona lungthim kiselgu, sietna, manthaina, mi phaklohna leh sakhuo a dinga thagau thihna (gausapna), zie haw hi ahi ahun hindawk sek chuh. Isrealte hunlai khan, bangmahlo a a ngaih uh Bethlehem akhan khawvel hukdampa ahung pienga, Mi'n bangmah lo a a ngaih uh Bawng an piekna gankuong akhan hilo maw hukdampa a siel uh kha, Judate'n bangmahlo a angaih uh Belam chingte kawm akhan ei ve, Vana vansawlchakte leh Van a mipite ahung kilak u kha. Suohpihte, thil banga le I gelloh haw hi thil lopi tak hihna'n Lalpa'n a mang sek hi. Pathien in Goliath kha leng Saul chemzama mang in a that puo a, David vaisuongseh mang in ahi a thah zawk khah. Mosi'n tuipi san a zeptanna ding khan Sana tiengkhut a mang puo a, a belam chinna tiengkhut kha a mat zawk ahi. Unaute, thil neucha cha gitlohna khama le I gelloh hawu hi ei ve, gitlohna lampi a ei puimang seka pangtu ahi nuom zaw sek hi.

3. Lungthim hisellote chuh thilpha hih zing guol in alang ua, ahin hun lemchang amuh u leh aguk agala diklo taka tawi le aniel diek puou hi. Juda Iskariot guol khan kilepsan le khawk asa puou. Ziete haw chun, amau lemhetna leh chitna mang in Pathien Balemte puihuoi a guou a, himahle, Bible in, Pathien chitna thuguk, chitna kiselgu chuh mang lo in, amau chitna leh zie khawvel lemhetna leh chitna mang in ngei balem vun kisilh guol in Sapchuomte hisietna lampi a puihmangtu'n a pang sek ui a tih guol khan. Zieziekchun, Sawlchak Paul in Korinth Sapchuomte kawm ah hiti hin a zik a, "Zie khawvel chitna hi Pathien ngaih in ngawlna ahi ngal a, Pathien in michingte chuh, amau haw chit gukhahna achun a awksak sek hi". (1 Korinth 3:19) a ti a. Unaute, chitna hile Pathien tello in ngawlna asuoka atawp leh zahhuoi taka, I awkna ding uh ahi zawi tih ei muhchien sak hi. Amahvang, lungthim hiselte chun Pathien galvan bukima kivan in, a kawng uh thutaka

gak in, hangsan tak leh ginum takin, diktatna awmphaw ak in, hattak leh hangsan tak in nicheng in a kross pu'n Lal Isu zui in hukdamna lampi a petmangsa'n kha ngei puou hi. Suohpihte tuni hin, I gam sunga Tangval, Nungak, Nu leh Pa, Sapchuom leh Nam lawiupa haw lak ahin lungthim hisel kihawl le, bangzat I um ding um maw? Lalpa'n Sodom khawpi gawt dinga a kusak lai a, Abraham in mi diktat a hawl kha I bang zieng ding um maw! Ngaihtuoh kham tak in ka he'i. A Sapchuomte hihla, mahni dinmun ding ngaihtuohna ziek leh ei sanga In cheng thei zawte mai et na ziek puoh in, adik le adik a gen ngam lo, adiklo le adik puoi ti ngam lo a I um mai hawu hi, I hih khelhnau hi zaw lo ahim? Zie haw ziek chun, I belh ding bel ngam lo in, I tukdet ding tudet ngam lo in, ei sanga changkang zaw, a ching leh a thiem leh a he zaw I hawl uh a, I ngaihtuoh leh buoi um takvang I hui hi. Bangzieka, zie guol ngaihtuohna leh zawmthawtna haw hin I lungthim uh aluoh dim ahi ta? Zie haw hi bangmah dang

ziek hilo in, Pathien lama I kithahdah ziekuh ahi. Lalpa'n Abraham a sap lai khan Haran apat in azi Sarah tawh a suohpihpa Lot tawh, a sum neih cheng cheng tawh, a suok neihteu chuh pui in Kanaan gam ah a lut ua. Kanaan leh Aigupta gam akhan malzin guol a hui a, zie gam akhan leng tamtak amah sanga hatzaw leh thupi zaw tampi a um ua. Abraham khan, ei haw lungthim bang pu henla hi le chuh, ka tawh khak nailohna gam le ahin, leng thilhihthei lopi khat leh nih bek hi ka belh phawt ngai ding ahi, agam ka hetchet theihna ding leh ka khawsak theihna ding in ti lele awihmawh um ding in ka gingcha puoi. Ahin Abraham in amah chitna leh a lemhetna khan a kinga zaw puo a. Lalpa chuh a muonga, a tudet a, a chungang kim a ngak ziek in bittak in Lalpa'n a pui zel hi tih I mu'u a. Abraham lungthim ahisel dan leh ataksanna adetdo dan hi I ngaihtuohleh, a lopi na maizen e maw! Ziehaw ziek chun Lalpa'n akilepsan thei puo a, nasa tak in a vangsak in, a malsawm a, cha le nau suonlepak tamtak

in a phungvuk hi tih I het chiet ua. Ahihleh unaute, tuni hin ei haw'n kuo chitna manga malam zuon zel ding I hui hi? Khawvel chitna I tel zawk diu ahim, Pathien chitna? Zie dawtna hi, I nampi damna ding in paucham kawm in I lungthim sungnung pen apat in thupukna athaka siem ding in Pathien min in ka hun chiel hi. Khawi zaw chuh I tel ding uh ahim ngaihtuoh kawm in thupukna siem hitiu. Bible in, "Na lunggil cheng cheng in Lalpa chuh gingcha'n la, nangmah hetna mai achun kinga ki'n. Na lampi cheng chuh amah hetsak inla, chun, ama'n na lampi ding hun heizan sak in a," (Tch 3:5-6) a tia, kipah a umna maizen e. I lampi cheng cheng ei heizang sak dinga kisazo sa Pathien I neih u hi, mi hampate I hui tih loh theih ei puoi. Unau khenkhat Pathien a kinga ngam lo in, a lungdawng, a lungkham tieng uleh, in sak, in thang leh I suohpih mun

gamla tak taka umte kawmah a tai viel, a tai viel ua, Pathien I lampite ei heizang sak dinga kitiemtulah bel ngam mah mah lo, I ngaihtuoh leh lungkham um tak I hui. Abraham in vang Kanaan gam leh Aigupta gama lengte kawma khah kingalo in, a Lalpa a Pathien kawma a kingak ziek in, Pathien in a chamlo in a vangsak hi tih I mu'u a. Pathien chuh a chung a kinga ngamte ding in muon a um a, thil bangkim a phatna ding un a lemguot sak zel sek hi. Suohpihte, hun chawmcha I nei nalai ua, zie hun sung bek hin, Lalpa Isu muong in, amaha kinga ngam Nam kiji thei ta le chuh, I hukdampa chuh a kipah ziek in a bienga kipakna mithitui luong lo in um hiet hiet thei dingin ka gincha puoi. Unaute, Pathien hih a ginum a, amah a ginum guol in a Sapchuomte hi le ginum ding in ei deih ahi ti hengilh puoi tiu.

((Aban next issue leh sutzawp ding....))

PATHIEN BELAM NO

-Evan. Lamzagin

Changtel- Thilsiembul 4:4 “Chun, Abel inle a belam hawn laka apieng masapen te leh a thau diek haw chuh a hun kai a, a that a, a kithawi ta a. Tichun Lalpa chuh Abel thilpiek a chun a kipak a.”

Belam No chuh Isu Krista Pathien Belam No etsakna deihum tak leh phatak ahi. Isu Krista thuokna lam etsakna a mat ahi deuh pen hi.

“Entiem u, Pathien Belamno Vannuoi gitloh lamang ding pa khuh! (John 1:29) Belam No chuh gan thu-awi leh etkawl nuom tak ahi. Ganhing vak lak ahin, Pathien Belam No etsakna ding a Lalpa'n a teldawk ahi. Belam No chu gan thu-awi tak leh dawhthei tak ahi. A mul metpa anga a umlai in thu-awi tak in a um zing hi, akitawm puoh a, a kidawh hiet hiet ziang hi.

Amah chuh, muhsit leh engbawl in a um a; himahleh kingainiem in akam a ka puoi. Belam No thah dinga puoh a um leh Belam amul metpa ma a athipkei guol in, ama'n le a kam a ka puoi.

A tawmlai in a vaihawmna lakmang in a um a; A suonte chanchin kuon a ahun gen ding? Khawvel apat in a hinna a laksak ngal u a, tih hi. (Nasepte 8:32-33).

Awle, Belam chu Isu Krista etsakna phatak ahi tih I gen ta khah. Pathien in Kain kawm ah. “Thil na hihphat leh pawm a umlo ding na him? Na hihphat loh leh vang chuh gitloh kawtkhakbul ah abawk zinga, na chung ah thuneih a ut a, himahleh zo ngei ding na hi,” a ti a. (Thilsiembul 4:7).

Belam chuh Isu Krista etsakna phapen ahi tih I gen ta khah. Pathien in Kain kawm ah na hih dik loh chun suol (Belam) chu kawtkhak bul ah abawk zing ahi. A deihlam chu nangmah kha na hi, a chung ah thu nei inla, ti'n a gen hi. Kawtkhak bul a suol bawk zing

chu, Suol chu kithawihna thah ding belum akawkmuhna ahi. Tuchan hinle, Pathien belamno khawvel suol puo mangtu chun. “Ngaitie! Kawtkhak bul a ding in ka kiu hi. Kuo’nle ka aw a zak a, kawt a hawn chun, a kawm ah lut ingka ting, a kawm ah nitak an ne’ngka ting, ama’n le ka kawm ah ne’n a,” (Thuphuon 3:20)

Chun, Isu chu mi cheng cheng lungthim kawtkhak bula ding in kawt a kiu zing ahi. Abel guola thisan suoh a kithawihna chuh apawimawh tapuoi. Pathien Belam No, Lal Isu chun, amah thisan ngei mang in kumsawt a ding in tatna bukim ei siemsak tai. I lunggil kawtkhak a lut guo’n kawtkhak a kiu zing hi. Ginna na lak/ pawm phawt chun, Abel guola Belamno thisan a kithawi hiding na hi. Na kithawihna chuh, Pathien in kipak tak in hun pawmsak intin, na gitlohna cheng cheng hun ngaidam ding ahi.

Bible thu haw vak simbeh hi tiu. Anuoi a haw hi:

(Luke 12:36-37): Suok apu kichenna guolvakna apat a hung

kit ding ngakte bangin kithuom un. A hunga kawt ahung kiu tienga, amah dinga kawt hawnsak zing thei dingin. (37) Apu ahung phat a, suok amah ana ngak zinga a muhte chuh mihampha hi’n a; tihtakzeta ka hilh na hui hi, amah chun a puon cheng det intin, amah chuh ankuong ah chutsak intin, a na’u sepsak in a.

(John 10:3) Kawtkhak ngakpa’n amah chuh ana hawnsak sek a, a belamte chun a aw a za’u a; chuleh, a belamte chuh a min un a sam a; a puidawk sek hi.

(John 14:23) Isu’n a dawnga, “Mi’n ei hehpih chun, ka thuzawp intin, ka pa’n amah chuh hehpih in a; tichun, a kawm ah hung ing ka ting un, a kawm ah um zing un kau.

Lalpa Isu’n I lunggil kawtkhak a kiu zing hi, I hawn ngak in kawtkhak bul ah a ding/bawk zing hi. Unau akinlam pen in hawnsak in Pathien Belam No, Lalpa Isu Krista chuh na lunggil kawtkhak bul ah a ding zing hi. “Ka chapa na lunggil ei pie’n,” a tii. (Thuchingte 23:26)

Lalpa’n a thu vangsak ta hen.

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CHIEF PATRONS:

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2. Ebenezer Chapel	D. Phailien	2014
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8. Pu T. Gina Neihsiel	Nalawn	2020



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